



Fort New Salem Foundation Appalachian Heritage Cook-Off

COOKING TEAM ENTRY FORM

May 21, 2016 noon to 5pm

CREATE your team to participate in our second annual Appalachian Heritage Cook-Off at Fort New Salem. Registration must be received by April 21, 2016 and if you will be using a hearth or open venue to cook. Space will be provided on a first come basis. Please complete this form and return it to:

Fort New Salem Foundation, Inc.

PO Box 186,

Salem, WV 26426.

Contact David Cutlip at 304-782-3948 or Dr. Joseph Audia at 304-782-1005 to answer any questions.

CHOOSE your dish: appetizer, entrée, side dish or dessert. Ingredients must be available locally and a traditional adaptation of an 18th or early 19th century recipe. Teams may consist of up to three people and provide all cooking ingredients, utensils and supplies. Prep work may be done in advance of the actual contest but cooking must be on site. Teams have two hours to prepare, cook and present your creation. One dish shall be prepared for each of three judges. After the plating, food will then be available for attendee's to sample. Teams should provide an electronic copy of their recipe two days prior to the cook-off so it can be copied and shared with the public. Upon request, the Fort will provide the teams with a table, and a water station for rinsing, not cleaning. Electricity is available on a limited basis and must be requested at least by May 10, 2014. Fire Extinguishers and first aid stations will be provided.

REGISTER

TEAM LEADER NAME: _____

ADDRESS: _____

PHONE: _____ CELL PHONE: _____

E-MAIL _____

TEAM MEMBER #2 _____

TEAM MEMBER #3 _____

I WOULD LIKE TO COOK ON A HEARTH _____ OPEN AREA _____

I REQUIRE ELECTRICITY _____

I have read, understand and adhere to the rules as outlined above.

Signature _____

More details will be provided to registrants.