

Fort New Salem Appalachian Heritage Cook Off  
COOKING TEAM ENTRY FORM

May 14, 2016 noon to 5pm, at Fort New Salem

Create your team to do a Heritage Cookoff at Fort New Salem. Registration must be received by April 30, 2016 and if you will be using a Hearth or open venue to cook must be noted. Space will be provided on a first come basis. Please complete this form and return it to: Fort New Salem Foundation, Inc. PO Box 186, Salem, WV 26426. Contact David Cutlip at 304-782-3948 or Dr. Joseph Audia at 304-782-1005 to answer any questions.

Choose your dish: appetizer, entrée, side dish or dessert. Ingredients must be available locally and a traditional adaptation of an 18<sup>th</sup> or early 19<sup>th</sup> century recipe. Teams may consist of up to three people and provide all cooking ingredients, utensils and supplies. Prep work may be done in advance of the actual contest but cooking must be on site. Teams have two hours to prepare, cook and present the recipe. One dish is prepared for each of three judges. Teams should provide an electronic copy of their recipe two days prior to the cook-off so it can be copied and shared with the public. Upon request, the Fort will provide the teams with a table, and a water station for rinsing, not cleaning. Electricity is available on a limited basis and must be requested at least by May 7, 2016. Fire Extinguishers and first aid stations will be provided.

TEAM LEADER NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_

E-MAIL \_\_\_\_\_

TEAM MEMBER #2 \_\_\_\_\_

TEAM MEMBER #3 \_\_\_\_\_

I WOULD LIKE TO COOK ON A HEARTH \_\_\_\_\_ OPEN AREA \_\_\_\_\_

I REQUIRE ELECTRICITY \_\_\_\_\_

I have read, understand and adhere to the rules as outlined above.

Signature \_\_\_\_\_